

BANKS - "Help name our Canteen"

ALL LUNCH ORDERS MUST BE MADE BY 9.00AM. ORDERS CAN BE MADE ON A BROWN PAPER BAG OR ONLINE (coming to you soon)

KEY
E - Everyday Foods
O - Occasional Foods

BREAKFAST WEDNESDAYS ONLY		
E	WHOLE PIECE FRESH FRUIT	80c
E	MILO (WARM OR COLD MILK)	\$1
E	1 SLICE OF TOAST WITH SPREAD	50c
E	1 SLICE RAISIN TOAST	50c
E	UP & GO (CHOCOLATE, VANILLA OR STRAWBERRY)	\$2
SNACKS		
E	CORN COBETTE (CANTEEN MADE)	50c
E	CHEESE & CRACKERS (CANTEEN MADE)	50c
E	VEGETABLE STICKS & HUMMUS (CANTEEN MADE)	50c
E	FRUIT SALAD (CANTEEN MADE)	\$1
E	JELLY CUPS (CANTEEN MADE) WITH 99% FRUIT JUICE	50c
O	GRAINWAVES (SOUR CREAM)	\$1
O	RED ROCK CHIPS (SEA SALT)	\$1
O	POP CORN (LIGHTLY SALTED)	\$1
CRUNCH & SIP ONLY AVAILABLE BEFORE 9AM		
E	SEASONAL FRUIT & BOTTLE WATER	\$2.50

LUNCH - ORDER ONLY		
E	MINI PIZZAS (CANTEEN MADE) HAM & PINEAPPLE or CHEESE	\$1.50
E	LASAGNE	\$4.50
E	BOLOGNAISE PASTA	\$4.50
E	MACARONI & CHEESE	\$4.50
E	BUTTER CHICKEN & RICE	\$4.50
O	CHICKEN NOODLE CUP	\$2
O	3 or 6 PACK CHICKEN NUGGETS	50c ea
O	SAUSAGE ROLL	\$2.50
O	PARTY PIES (2 MAX PER PERSON)	\$1
O	TOMATO OR BBQ SAUCE	30c
O	CHICKEN BURGER (CANTEEN MADE) WITH CHEESE, LETTUCE, TOMATO & SAUCE OR MAYO	\$4
E	BEEF BURGER (CANTEEN MADE) WITH CHEESE, LETTUCE, TOMATO & SAUCE	\$4
FROZEN TREATS - LUNCHTIME ONLY		
E	QUELCH ICE BLOCKS	70c
E	LICKS ICE BLOCKS 99% JUICE	\$2
E	JUICIES ICE TREAT	50c

SANDWICHES & SALADS - ORDER ONLY		
E	RICE PAPER ROLLS (2 PER SERVING) CHICKEN, LETTUCE, CUCUMBER & CARROT	\$3
E	SANDWICH – Vegemite, Jam, honey or Cheese. Any extras \$1 ie. Ham, chicken	\$2
E	SALMON OR TUNA SANDWICH WITH LETTUCE	\$2.50
E	HAM & CHEESE TOASTIE	\$2.50
E	HAM & SALAD ROLL OR WRAP	\$3.50
E	CHICKEN & SALAD ROLL OR WRAP	\$3.50
O	SWEET CHILI CHICKEN WRAP WITH LETTUCE & AIOLI	\$3.50
E	SALAD BOX WITH LETTUCE, TOMATO, CUCUMBER, CARROT & BEETROOT	\$3
E	CAESAR SALAD WITH COS LETTUCE, HAM, CHEESE, CROUTONS, EGG & DRESSING	\$3
E	ADD CHICKEN OR HAM	\$1
All sandwiches are made on wholemeal bread, white bread on request.		
DRINKS		
E	BOTTLE WATER	\$2
E	99% FRUIT JUICE (APPLE, ORANGE & MANGO OR PARADISE PUNCH)	\$1
E	CHILL J SPARKLING DRINK (COLA, LEMONADE OR RASPBERRY)	\$2
E	JUICE BOMB (APPLE & RASPBERRY, GRAPE OR WATERMELON)	\$2
E	OAK MILK (CHOCOLATE, STRAWBERRY)	\$2

